

# LANNA LUNCH MENU

May 2024

	1 - 3	6 - 10	13 - 17	20 - 24	27 - 31
MON	-----	-----	Spaghetti with smoked sausage, BBQ red pork in sauce with rice, Stir fried bean sprout with tofu, Chicken coconut milk soup, Fruit & salad selection	Fusilli with cream cheese, Hainanese chicken rice, Stir fried bamboo shoot with egg, Winter melon soup, Fruit & salad selection	Club sandwich, Fried pork with garlic, Stir fried chinese cabbage, Japanese chicken curry, Fruit & salad selection
			Vegetarian: Spaghetti Aglio e Olio, Stir fried bean sprout with tofu	Vegetarian: fusilli aglio e olio with tofu, Stir Fried Bamboo Shoot	Vegetarian: Stir fried Chinese cabbage, Japanese curry
			Pork Sukiyaki	Yen Ta Fo noodles	Rad Na with pork
TUE	-----	Tuna onigiri, Chicken nuggets, Stir fried Kale with crispy pork, Creamy tom yum soup with chicken, Fruit & salad selection	Pork balls baked with cheese, Chicken biryani, Green curry with chicken, Mashed potatoes, Fruit & salad selection	BBQ Chicken, Fried rice with black soy sauce, Stir fried pork with kimchi, Mashed potatoes, Fruit & salad selection	chicken tacos, Stir fried chicken with cashew nuts, Stir fried Luffa with eggs, Hang Lay curry, Fruit & salad selection
		Vegetarian: Creamy tom yum soup with mushroom, Stir fried Kale with tofu	Vegetarian: Green curry with vegetable protien, Stir fried bok choy	Vegetarian: Stir fried potatoes, Kimchi Fried Rice	Vegetarian: tacos, Stir fried tofu with cashew nuts
		Instant noodles minced pork	Wonton soup with BBQ red pork	Udon miso soup	Ramen
WED	Creamy french mustard chicken, Stir fried broccoli with butter, Stir fried pork with bell peppers, Omelet soup, Fruit & salad selection	Baked chicken with teriyaki sauce, Sausage fried rice, Thai omelet with minced pork, Chicken massaman curry, Fruit & salad selection	Chicken burrito, Pad see ew with pork, Stir fried vegetables, Red curry with pork, Fruit & salad selection	-----	Tonkatsu, American fried rice, Stir fried sweet pea with shrimp, Spicy chicken clear soup, Fruit & salad selection
	Vegetarian: Stir fried broccoli, Stir fried tofu with bell peppers	Vegetarian: Tofu massaman curry, Pad see ew	Vegetarian: Stir fried vegetables, Red curry with tofu		Vegetarian: Stir fried sweet pea, Creamy Tom Yum soup with mushrooms
	Udon miso soup	Rad Na with pork	Noodles soup with stewed chicken		Pork Sukiyaki
THU	Chicken burger, Thai red curry stir fried green beans, Boiled eggs and pork in sweet brown sauce, French fries, Fruit & salad selection	Pork tenderloin with gravy sauce, Stir fried basil with chicken, Cheesy potato bake, Minced pork & tofu clear soup, Fruit & salad selection	Sticky rice and papaya salad, Honey chicken, Spicy minced pork salad, Crispy pork skin, Fruit & salad selection	Crab stick sushi, Crispy fried chicken with fish sauce, Stir fried cabbage with glass noodles, Panang curry with pork, Fruit & salad selection	Chicken lasagna, Vegetable spring roll, Sweet and sour chicken, Clear soup with egg sausage, Fruit & salad selection
	Vegetarian: Thai red curry stir fried green beans, Tofu in sweet brown sauce	Vegetarian: Stir fried basil with tofu, Stir fried vegetables	Vegetarian: Spicy minced pork salad, Papaya salad/ Stir fried vegetables	Vegetarian: Stir fried cabbage with Glass Noodles, Panang curry with tofu	Vegetarian: Lasagna, Sour and sweet stir fried/ Vegetable spring roll
	Egg noodle soup with BBQ red pork	Khao Soi with chicken	Rice noodles with Northern Thai curry sauce	Noodles soup with stewed pork	Khao Soi with chicken
FRI	Shrimp pesto macaroni, Salty roasted chicken, Stir fried bok choy with oyster sauce, Panang curry with pork, Fruit & salad selection	Seafood paella recipe, Chicken karaage, Stir Fried Cabbage with Minced pork, Spicy soup with pork, Fruit & salad selection	Ham and cheese croissant, Baked spinach with cheese, Stir fried chicken with dark soy sauce, Kimchi soup, Fruit & salad selection	Spaghetti bolognese with minced chicken, Three flavoured deep fried fish, Stir fried zucchini with eggs, Garlic bread, Fruit & salad selection	Sausage rolls, Pad thai, Fried chicken with fish sauce, Creamy tom yum soup with seafood, Fruit & salad selection
	Vegetarian: Pesto macaroni, Stir fried bok choy	Vegetarian: Stir Fried Cabbage, Stir fried glass noodles with shiitake mushrooms	Vegetarian: Baked spinach with cheese, Stir fried tofu with kimchi	Vegetarian: Spaghetti bolognese, Stir fried zucchini	Vegetarian: Pad Thai, Stir fried vegetables
	Minced pork noodle soup	Ramen	Egg noodle soup with minced pork	Instant noodles minced pork	Egg noodle soup with BBQ pork



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