

LANNA LUNCH MENU

May 2024

| | 1 - 3 | 6 - 10 | 13 -17 | 20 - 24 | 27 - 31 |
|-----|-----------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|
| MON | ----- | ----- | Spaghetti with smoked sausage, BBQ red pork in sauce with rice, Stir fried bean sprout with tofu, Chicken coconut milk soup, Fruit & salad selection | Fusili with cream cheese, Hainanese chicken rice, Stir fried bamboo shoot with egg, Winter melon soup, Fruit & salad selection | Club sandwich, Fried pork with garlic, Stir fried chinese cabbage, Japanese chicken curry, Fruit & salad selection |
| | | | Vegetarian: Spaghetti Aglio e Olio, Stir fried bean sprout with tofu | Vegetarian: fusilli aglio e olio with tofu, Stir Fried Bamboo Shoot | Vegetarian: Stir fried Chinese cabbage, Japanese curry |
| | | | Pork Sukiyaki | Yen Ta Fo noodles | Rad Na with pork |
| TUE | ----- | Tuna onigiri, Chicken nuggets, Stir fried Kale with crispy pork, Creamy tom yum soup with chicken, Fruit & salad selection | Pork balls baked with cheese, Chicken biryani, Green curry with chicken, Mashed potatoes, Fruit & salad selection | BBQ Chicken, Fried rice with black soy sauce, Stir fried pork with kimchi, Mashed potatoes, Fruit & salad selection | chicken tacos, Stir fried chicken with cashew nuts, Stir fried Luffa with eggs, Hang Lay curry, Fruit & salad selection |
| | | Vegetarian: Creamy tom yum soup with mushroom, Stir fried Kale with tofu | Vegetarian: Green curry with vegetable protien, Stir fried bok choy | Vegetarian: Stir fried potatoes, Kimchi Fried Rice | Vegetarian: tacos, Stir fried tofu with cashew nuts |
| | | Instant noodles minced pork | Wonton soup with BBQ red pork | Udon miso soup | Ramen |
| WED | Creamy french mustard chicken, Stir fried broccoli with butter, Stir fried pork with bell peppers, Omelet soup, Fruit & salad selection | Baked chicken with teriyaki sauce, Sausage fried rice, Thai omelet with minced pork, Chicken massaman curry, Fruit & salad selection | Chicken burrito, Pad see ew with pork, Stir fried vegetables, Red curry with pork, Fruit & salad selection | ----- | Tonkatsu, American fried rice, Stir fried sweet pea with shrimp, Spicy chicken clear soup, Fruit & salad selection |
| | Vegetarian: Stir fried broccoli, Stir fried tofu with bell peppers | Vegetarian: Tofu massaman curry, Pad see ew | Vegetarian: Stir fried vegetables, Red curry with tofu | | Vegetarian: Stir fried sweet pea, Creamy Tom Yum soup with mushrooms |
| | Udon miso soup | Rad Na with pork | Noodles soup with stewed chicken | | Pork Sukiyaki |
| THU | Chicken burger, Thai red curry stir fried green beans, Boiled eggs and pork in sweet brown sauce, French fries, Fruit & salad selection | Pork tenderloin with gravy sauce, Stir fried basil with chicken, Cheesy potato bake, Minced pork & tofu clear soup, Fruit & salad selection | Sticky rice and papaya salad, Honey chicken, Spicy minced pork salad, Crispy pork skin, Fruit & salad selection | Crab stick sushi, Crispy fried chicken with fish sauce, Stir fried cabbage with glass noodles, Panang curry with pork, Fruit & salad selection | Chicken lasagna, Vegetable spring roll, Sweet and sour chicken, Clear soup with egg sausage, Fruit & salad selection |
| | Vegetarian: Thai red curry stir fried green beans, Tofu in sweet brown sauce | Vegetarian: Stir fried basil with tofu, Stir fried vegetables | Vegetarian: Spicy minced pork salad, Papaya salad/ Stir fried vegetables | Vegetarian: Stir fried cabbage with Glass Noodles, Panang curry with tofu | Vegetarian: Lasagna, Sour and sweet stir fried/ Vegetable spring roll |
| | Egg noodle soup with BBQ red pork | Khao Soi with chicken | Rice noodles with Northern Thai curry sauce | Noodles soup with stewed pork | Khao Soi with chicken |
| FRI | Shrimp pesto macaroni, Salty roasted chicken, Stir fried bok choy with oyster sauce, Panang curry with pork, Fruit & salad selection | Seafood paella recipe, Chicken karaage, Stir Fried Cabbage with Minced pork, Spicy soup with pork, Fruit & salad selection | Ham and cheese croissant, Baked spinach with cheese, Stir fried chicken with dark soy sauce, Kimchi soup, Fruit & salad selection | Spaghetti bolognese with minced chicken, Three flavoured deep fried fish, Stir fried zucchini with eggs, Garlic bread, Fruit & salad selection | Sausage rolls, Pad thai, Fried chicken with fish sauce, Creamy tom yum soup with seafood, Fruit & salad selection |
| | Vegetarian: Pesto macaroni, Stir fried bok choy | Vegetarian: Stir Fried Cabbage, Stir fried glass noodles with shiitake mushrooms | Vegetarian: Baked spinach with cheese, Stir fried tofu with kimchi | Vegetarian: Spaghetti bolognese, Stir fried zucchini | Vegetarian: Pad Thai, Stir fried vegetables |
| | Minced pork noodle soup | Ramen | Egg noodle soup with minced pork | Instant noodles minced pork | Egg noodle soup with BBQ pork |



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